

DEAR FAMILY AND FRIENDS OF CAMA WOODLANDS!

We have just completed our first quarter of this year and change continues to be our number 1 action. As many of you know we have been approved for the Ministry of Health's redevelopment program. In our case CAMA will be rebuilt to meet the 2010 building design standards and move us into the "A" category classification. Along with this we will be having a 70 new bed addition. All the conditions need to be met for the final approval and second stage to occur, which we hope will be sometime this fall. Specific details have not yet been settled but when they are we will set up an information meeting for Residents, Families, Neighbours and Staff to attend.

In the meantime our daily business of Resident care continues.

You should be aware that we no longer have a Family Council. I would like to strongly urge some of you to step forward to be the liaison for our Residents. If any are interested, would you call or visit me and we can initiate a new plan to rebuild our Family Council.

Also included with this letter is our annual questionnaire. Please complete and return with the stamped self-addressed envelope. It is important for ongoing quality of care that we get constructive feedback on the work we do.

Arlene

A message from the Activity Department.....

Our Strawberry Social will take place on Sunday June 27th from 2:00pm to 4:00pm. Please join us for entertainment, fellowship, and a delicious strawberry dessert.

Each month our Activity Department has a special "Take out Dinner" night. We order from various restaurants (i.e. Chinese food, Fish and Chips, Swiss Chalet etc.) and set up a table for participants in the Main Lounge. There is a sign up sheet posted on the Residents Council board located across from the Nursing Station. The cost for this special meal is \$10.00. If you would like your family member to attend this meal, please sign them up and give \$10.00 to a member of the activity department (Vanessa, Jane or Cathy). Take out night is usually on the 3rd Friday of each month.

We are excited to be celebrating CAMA Woodlands 40th anniversary this year. To recognize this milestone we are planning to have a Grand Carnival. Please join us on Sunday August 8th, 2010 from 12:00pm to 4:00pm for a BB-Q, lots of carnival games, a large inflatable bouncy slide for the children, snow cones, cotton candy balloons and much more!! Mark this free event on your calendar as it will be one you won't want to miss!! More information on our summer events will be mailed to you in the near future.

Enjoy the beautiful spring weather.....Vanessa

Pastoral and Spiritual Care

During the first quarter of this year the pastoral care department has regularly featured five weekly ministry events. The Sunday and Wednesday Worship Services along with our Monday afternoon Hymn Sing draw between 30 to 35 residents (in the lounge area) with several others "A/C" (*Around the Corner*). Additional ministries include bi-monthly Protestant Communion Services and a Roman Catholic Mass. We enjoy with deep appreciations the voluntary services of about 35 community ministers and volunteers. A Sacramental Assistant from the Holy Rosary Catholic Church serves individual communion each Thursday morning to our Catholic residents. Hospital calls, individual room visits, prayers in the hallway, impromptu chats often beckon a listening ear and a prayer of comfort. During our forty day Lent period we have featured two DVD presentations on the Easter Story and the Gospel of John dramatized. Easter services will be held in the first week of April. What a privilege to minister the love of Jesus to the anxious, the lonely and sometimes fearful CAMA family members, and then to often witness the resulting calming effect on these personal storms.

G. Bucek

EASTER WEEKEND

April 2 – 10:30 a.m.
Good Friday
Tenebrae Service
April 4 – 10:30 a.m.
Resurrection
Sunday
Rev. Bill Gibb –
Anglican Minister

CHEERS TO VOLUNTEERS

Located in Burlington, Ontario and serving the entire Halton Region, Volunteer Halton is an advocate and catalyst for volunteerism.

This year Volunteer Halton and the Halton Region are holding their second annual "Cheers to Volunteers", awards. The volunteer awards in Halton promote volunteer's feelings of self worth. These awards were a great success last year and it appears they will continue into the future. CAMA Woodlands has nominated a special volunteer which we hope will receive this award. (Can't tell you, it's a secret!)

April 19 – 25th, 2010 is "Volunteer Week" all over the world. On April 20th, 2010 our Volunteer Department will be hosting a "Volunteer Tea" to show our appreciation to our own Volunteers.

Over the past four months we have had numerous student volunteers collecting their community hours for school. I wish to thank all of you for your kindness and hospitality to these young people. They have only good things to say about CAMA and the staff.

Keep up the great work!

Cheers....June

Help prevent the spread of germs and keep our residents safe:

The 'dreaded' *Norwalk* is out there, as well as respiratory and other gastro 'bugs'. Protect yourself and our residents by cleaning your hands.

When entering or leaving the building, please use the hand sanitizer located at the main entrance

And...

If you are sick, please do not come to visit.



Pat

With the nice weather upon us, we like to think of "spring cleaning"!

To ease up on closet and drawer space, we are asking that you take a look through you family members clothing and perhaps remove their winter clothing for the summer months. This does create more room and decreases the clutter in the rooms.

Also, we ask that any snacks or food brought in for the residents be placed into a sealed container, the reasoning behind this is to keep any critters away (ants) and it helps controls the mess in the residents drawers.

Spring cleaning here we come!!!

Terri

Thanks very much for all your support for
CAMA Woodlands.

Yours Truly,
ARLENE LAWLOR, ADMINISTRATOR

CAMA WOODLANDS

AS ALWAYS A WARM WELCOME TO OUR
NEW RESIDENTS & THEIR FAMILIES

Laurie McKay	Helen Leblanc
Marie Busby	Beverly Farmer
Bernice Anderson	Ruth Ozegovich
Josefa Zamudio	Mary Curtin